

ā	before	dx	Diagnosis
A/O	Alert and oriented	ECG(EKG)	Electrocardiogram (heart)
ABD	Abdomen/abduction	ED	Emergency dept.
AC	Acromioclavicular	EMS	Emergency medical service
ACL	Anterior Cruciate Ligament	ENT	Ear, nose, and throat
ADD	Attention deficit disorder/adduction	ER	Emergency room
ADL	Activities of daily living	ER	External rotation
AED	Automatic external defibrillator	EROM	End range of motion
AFO	ankle-foot orthosis	E-STIM	Electrical stimulation
AMA	Against medical advice	EVER	Eversion
Ant.	Anterior	EX	Exercise
AP	Anterior-Posterior	F/u	Follow up
AP	Accupressure	FH	Family history
AROM	Active range of motion	FLEX	Flexion
ASAP	As soon as possible	From	Full range of motion
Ⓑ	Bilateral	FWB	Full weight bearing
BID	Twice a day	FX	Fracture
BM	Bowel movement	GB	Gall bladder
BMI	Body mass index	GCS	Glasgow Coma Scale
BP	Blood pressure	GH	Glenohumeral
BUQ	Both upper quadrants	GI	Gastrointestinal
ċ	with	GYN	Gynecology
C/O	Complains of/ Complaint	H&P	History and Physical
C1-C7	Cervical vertebrae	H/A	Headache
CC	Chief complaint	h/o	History of
CKC	Closed kinetic chain	H2O	Water
CN	Cranial nerve	HBP	High blood pressure
CNS	Central nervous system	HI-V	Hi Volt
CONT	Continuous Ultrasound	HP	Hot packs
CP	Chest pain	HPI	History of present illness
CPK	Creatinine phosphokinase	HR	Heart rate
CPM	Continuous passive motion	Ht	Height
CPR	Cardiopulmonary respiration	Htn	Hypertension
CS	Cervical spine/culture &sensitivity	hx	History
CV	Cardiovascular/heart	I&D	Incision and drainage
CVD	Cardiovascular disease	IC	Ice cup
D/c	Discontinue/discharge	IC>BF	Ice cup> Biofreeze
DF	Dorsiflexion	ICP	Intercranial pressure
Diff	Differential/differential diagnosis	ICU	Intensive care unit
DJD	Degenerative joint disease	ID	Infectious Disease
DL	Double Leg	IFC	Interferential
DNKA	Did not keep appointment	IM	Intermuscular or into the muscle
DNR	Do not resuscitate	Imp.	Impression
DOA	Dead on arrival	Inj.	Injection
DOB	Date of birth	Inv	Inversion
DR	Doctor/delivery room	IP	Ice pack
DTR	Deep tissue relexes	IR	Internal rotation

ITB	IT band	OKC	Open kinetic chain
IV	Intravenous	OR	Operating room
K+	Potassium	ORIF	Open reduction with internal fixation
Kg	Kilogram	OT	Occupational therapy
Ⓕ	Left	OTC	Over-the-counter(pharmaceuticals)
L2,L3	Lumbar vertebrae	OV	Office visit
Lac.	Laceration	OW	Once per week
LAQ	Long arc quad	̄p	After
Lat	Lateral	P	Pulse
Lb	Pound	P!	Pain
LBP	Lower back pain	PA view	Posterioranterior view on x-ray
LCL	Lateral collateral ligament	PA view	Physician assistant/ posterior-anterior
LE	Lower extremity	PCL	Posterior cruciate ligament
LLE	Lower left extremity	Pe	Physical exam/ pulmonary embolus
LLQ	Lower left quadrant(abdomen)	PEARL	Pupils equal, round, react to light and accommodate
LOC	Loss of consciousness	Ped	Pediatric
LS	Lumbar Spine/ Lumbar Sacral	PET scan	Positive emission tomography
LUE	Left upper quadrant	PF	Plantar fasciitis
Max	Maximum	PFE	Patellofemoral syndrome
MCL	Medial collateral ligament	PH	Past history/pulmonary hypertension
med	Medical/ Medication/ Medial	PHONO	Phonophoresis
MFR	Myofascial release	PI	Present illness
MHP	Moist hot pack	PM	Premod
MMT	Manual muscle test	PNF	Proprioceptive neuromuscular fascilitation
Mobs	Mobilization	Post-op	Postoperative
MOM	Milk of magnesia	Preop	Preoperative
MRI	Magnetic resonance imaging scan	PRN	As necessary/ as needed
MRSA	Methicillin resistance staphylococcus aureus	Pro	Pronation
MTBI	Mild traumatic brain injury	PROM	Passive range of motion
MVA	Motor vehicle accident	PT	Physical therapy/ pronthrombin time
N&V	Nausea & vomiting	Pt	Patient/ client/ physical therapy
Na	Sodium	PULSED	Pulsed ultrasound
NAD	No apparent distress	PWB	Partial weight bearing
Neg	Negative	PX	Practice
NKA	No known allergies	Ⓔ	Right
NL	Normal	R/O	Rule Out
NP	Nurse practitioner	Reg.	Regular
NPO	Nothing by mouth	RICE	Rest, ice, compression, elevation
NSAID	Non-steroidal anti-inflammatory	RLE	Right lower extremity
NT	Nontender	RLL	Right lower lobe(lung)
NVD	Nausea, vomiting, diarrhea	RLQ	Right lower quadrant(abdomen)
NWB	Non-weight bearing	RN	nurse
O.M.	Otitis media	ROM	Range of motion
O/D	Ovredose	RTC	Rotator cuff
O2	Oxygen	RTP	Return to play
Obs	Observation	RUE	Right upper quadrant
OCD	Obsessive-compulsive disorder	RUL	Right upper extremity

RUSS	Russian		
Rx	Prescription/ medication/ treatment		
S.O.A.P	Subjective/objective/assessment/plan		
S/S	Sign & symptom		
SAC	Short arc quad		
SB	Side bending		
SG	Specific gravity		
SL	Single Leg		
SLR	Straight leg raise		
Staph	Staphylococcal/ staphylococcus		
STD	Sexually transmitted disease		
STM	Soft tissue massage		
Sup	Supinate		
TBI	Traumatic brain injury		
Temp	Temperature		
Ther Ex	Therapeutic exercise		
TKR	Total knee replacement/revision		
TS	Thoracic Spine		
Tx	Treat/treatment		
UA	Urinalysis		
UE	Upper extremity		
ULQ	Upper left quadrant		
URI	Upper respiratory infection		
URQ	Upper right quadrant		
US	Ultrasound		
UTI	Unirary tract infection		
UWNS	Underwater ultrasound		
VO	Verbal order		
Vs	against or versus		
VS	Vital signs		
w/	With		
w/o	Without		
WB	Weight bearing		
WBT	Weight bearing to tolerance		
WNL	Within normal limits		
wt	Weight		
YO	Year old		
yr	Year		