

Tips for Asking History Questions

HISTORY

Signs & Symptoms	Tell me what is bothering you?
Allergies	Do you have any allergies? Meds, insects, pollen, food?
Medications	Are you taking any medications?
Past Medical History	Has this happened before? Is this a preexisting injury
Last Oral Intake	What and when did you eat and drink last?
Events	What were you doing when you started to feel this way?

PAIN

Onset of event	When did this start? What were you doing?
Provocation	What makes it feel better or worse?
Quality of pain	Can you describe the pain? (For example, dull, sharp....)
Region and radiation	Put 1 finger on where it hurts. Does the pain go anywhere else?
Severity	On a scale from 1 to 10, how bad is the pain?
Time/Signs	How long has this been going on?