FDNT 10 Fall 2019 Revised Syllabus

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| Date | Topic + Assignments |
| Nov 7 | Sports Nutrition (chapter 10) |
| Nov 12  | Sports Nutrition (chapter 10)**Bring in article about nutrition for YOUR sport.** |
| Nov 14  | Diet + Health(chapter 11) |
| Nov 19 | Organics + GMO (chapter 12) **Early Submission of Diet Analysis Parts 1-4** (for 10 points EC)**Bring in article about organic OR GM foods** |
| Nov 21 | **Exam #3**(**EC movie review is due**) |
| Nov 26 | Food Safety and Food Technology(chapter 12)**Diet Analysis Parts 1-4 Due** |
| Dec 3 | Lifespan – Pregnancy/Infancy(chapter 13) |
| Dec 5 | Lifespan – Infancy/Child(chapters 13, 14) |
| Dec 10 | Lifespan – Child/Teen/Older Adult(chapter 14) |
| Dec 12 | **Cooking Assignment due** + Review for Final Exam |
| Dec 19 | **Final Exam 7:00am – 9:45 am**  |