FDNT 10 Fall 2019 Revised Syllabus

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| Date | Topic + Assignments |
| Nov 7 | Sports Nutrition  (chapter 10) |
| Nov 12 | Sports Nutrition  (chapter 10) **Bring in article about nutrition for YOUR sport.** |
| Nov 14 | Diet + Health  (chapter 11) |
| Nov 19 | Organics + GMO  (chapter 12)  **Early Submission of Diet Analysis Parts 1-4** (for 10 points EC)  **Bring in article about organic OR GM foods** |
| Nov 21 | **Exam #3**  (**EC movie review is due**) |
| Nov 26 | Food Safety and Food Technology  (chapter 12)  **Diet Analysis Parts 1-4 Due** |
| Dec 3 | Lifespan – Pregnancy/Infancy  (chapter 13) |
| Dec 5 | Lifespan – Infancy/Child  (chapters 13, 14) |
| Dec 10 | Lifespan – Child/Teen/Older Adult  (chapter 14) |
| Dec 12 | **Cooking Assignment due** + Review for Final Exam |
| Dec 19 | **Final Exam 7:00am – 9:45 am** |