

EMT

CANDIDATE HANDBOOK

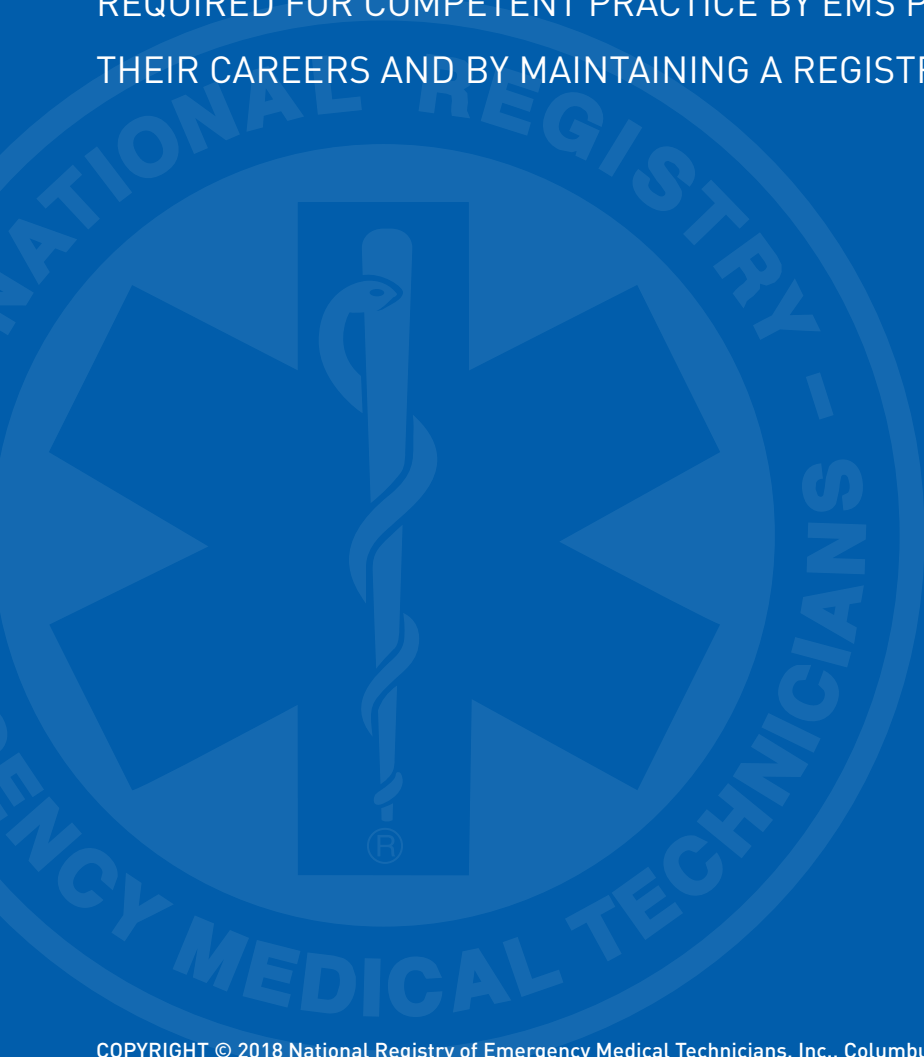
2018

**National Registry of
Emergency Medical Technicians®**
THE NATION'S EMS CERTIFICATION™



OUR MISSION

TO SERVE AS THE NATIONAL EMS CERTIFICATION ORGANIZATION BY PROVIDING A VALID, UNIFORM PROCESS TO ASSESS THE KNOWLEDGE AND SKILLS REQUIRED FOR COMPETENT PRACTICE BY EMS PROFESSIONALS THROUGHOUT THEIR CAREERS AND BY MAINTAINING A REGISTRY OF CERTIFICATION STATUS.



COPYRIGHT © 2018 National Registry of Emergency Medical Technicians, Inc., Columbus, OH.

All Rights Reserved. The NREMT authorizes you to view, copy, print, and distribute this material provided (1) that the material is used for educational purposes only; (2) the above copyright notice appears on every copy of the materials; and (3) no materials or graphics are modified or altered in any way. Any rights not expressly granted herein are reserved by the NREMT.

Handbook Issue 1

Verify issue and revision status of document before using. The web address for the latest version of the handbook is:
https://content.nremt.org/static/documents/NREMT_EMTHandbook.pdf

CONTENTS

PART 1

OVERVIEW

- 04 HANDBOOK PURPOSE
- 04 NREMT CERTIFICATION
- 04 ABOUT THE NREMT
- 05 CERTIFICATION PROCESS OVERVIEW
- 06 CONTACT INFORMATION

PART 2

CANDIDATE RESPONSIBILITIES

- 07 CANDIDATE AGREEMENT
- 07 REQUIREMENTS
- 07 CODE OF CONDUCT
- 08 TERMS OF CERTIFICATION

PART 3

CERTIFICATION PROCESS

- 09 ACCOUNT CREATION
- 09 REGISTRATION
- 09 PROFILE INFORMATION
- 11 THE APPLICATION
- 12 APPLICATION REVIEW
- 12 DEADLINES
- 12 APPLICATION FEES
- 12 HOW TO CHECK ON YOUR APPLICATION AND EXAM RESULTS
- 14 GAINING CERTIFICATION
- 14 RECERTIFICATION

PART 4

COGNITIVE EXAM

- 15 EXAM FORMAT
- 16 AUTHORIZATION TO TEST (ATT)
- 17 SCHEDULING
- 17 CONTACTING NREMT VS PEARSON VUE
- 18 TAKING THE EXAM
- 18 EXAM RESULTS
- 19 RETESTING
- 19 EXAM REVIEW

PART 5

CERTIFICATION POLICIES

- 21 ACCOMMODATIONS
- 21 APPEALS
- 22 CANDIDATE RETESTING AT REQUEST OF NREMT
- 22 COMPLAINTS
- 22 CRIMINAL CONVICTIONS
- 22 DENIAL OR REVOCATION OF CERTIFICATION
- 23 IMPARTIALITY
- 23 NONDISCRIMINATION AND FAIRNESS
- 23 PRIVACY

PART 1: OVERVIEW

HANDBOOK PURPOSE

We are excited you are working on NREMT certification.

We want to prepare you so that you know what to do to get certified. This handbook contains information on NREMT certification. It explains your responsibilities and the steps to earn certification. It also explains how exams work and what the certification policies are. Please read the entire handbook.

This handbook is for candidates who are completing or have recently completed an educational program.

You may have concerns that are not addressed in this handbook. For those questions, we are pleased to serve you through our website, call center and email.

NREMT CERTIFICATION

We use exams to make sure candidates have the knowledge and skills needed to be an Emergency Medical Technician (EMT). The exams are the same across the country to make sure that everyone meets the same standards. As a result, the EMT certification lets the public, healthcare providers, employers, and others know that you have the knowledge and skills to work safely and effectively.

Successfully obtaining NREMT certification does not grant you the right to practice. You must obtain a state-issued license in order to legally practice as an AEMT. In many states, NREMT certification is one of the requirements to earn a state license to practice.

ABOUT THE NREMT

In its role as the nation's EMS certification organization, the NREMT:

- Establishes eligibility requirements for applicants for NREMT certification
- Develops exam (cognitive)
- Establishes recertification requirements
- Reviews applicants' self-disclosed criminal convictions and actions taken against their healthcare related professional licenses
- Monitors certification status of registrants and takes appropriate action against the certification when apprised of adverse licensure actions and criminal convictions
- Provides to licensing or authorizing agencies obtained adverse licensure action and criminal conviction information regarding registered EMS professionals

The NREMT does not:

- Establish, accredit, or approve education programs for certification or recertification
- Assess job performance
- Assess fitness for all aspects of job performance (physical, mental, criminal background clearance)
- Investigate complaints regarding EMS practice
- Establish scopes of practice or standards of care
- Establish job-related standards of professional behavior



FAQ: What is the difference between NREMT certification and state licensure?

Having NREMT certification means you have met a set of standards and that you have the knowledge and skills required for an EMT position. A license is the legal right to practice as an EMS professional within a set scope of practice and is granted by a state or other legally recognized authority.

CERTIFICATION PROCESS OVERVIEW

The first four steps in this process are the following:

STEP 1

BEGIN AN EDUCATION PROGRAM

Before you can apply for EMT certification, you must be enrolled in an initial education program.

STEP 2

CREATE ACCOUNT

Once you are enrolled in an EMT educational program, create your NREMT account.

STEP 3

SUBMIT APPLICATION AND PAYMENT

Submit your application about four weeks before you complete your program. Your Program Director needs to approve your application. The Director will approve your application when you complete the course requirements. When you submit your application, you also pay for your cognitive exam.

STEP 4

REGISTER FOR EXAM

You need three things for your application to be complete: submitted application, submitted payment, and your program director's approval. Once your application is complete, we will update your NREMT account with your Authorization to Test (ATT), usually within 1-2 business days.

You have 90 days from the day we issue your ATT to complete your cognitive exam. You will lose your ATT and the money you paid if you do not use your ATT in 90 days.

Go to the Pearson VUE website to schedule your cognitive exam. After your exam, your results will post to your NREMT account within 1-2 business days.

CONTACT INFORMATION

Contact the NREMT with questions about your certification application, the cognitive or psychomotor exam, or certification policies:

Type of Questions	NREMT Contact Information		
General	Website: www.nremt.org Telephone: 1-614-888-4484 Fax: 1-614-396-2428	Address for applications and check or money orders: NREMT PO Box 29233 Columbus, OH 43229	Address for packages and general mail: 6610 Busch Blvd Columbus, OH 43229
NREMT Accounts, Applications, Name Changes, and General Questions	certification@nremt.org		
Scheduling Exams, Cognitive and Psychomotor Exam Results	exams@nremt.org		
Recertification	recertification@nremt.org		
Accommodations	accommodations@nremt.org		
Criminal Convictions	evaluation@nremt.org		

Contact Pearson VUE with questions about Pearson VUE log-in assistance and scheduling or rescheduling cognitive exams:

Website	www.pearsonvue.com/nremt/
Telephone	1-866-673-6896
Email Form	https://home.pearsonvue.com/test-taker/customer-service/Email-form-americas-professional.aspx
Address	Pearson Professional Testing, 5601 Green Valley Drive, Bloomington, MN 55437

Contact your State EMS Office. The NREMT has a State EMS Office contact list for your convenience. Follow the link below and select your state to find their contact information: www.nremt.org/rwd/public/states/state-ems-agencies

PART 2: CANDIDATE RESPONSIBILITIES

CANDIDATE AGREEMENT

You must agree to follow all NREMT policies, processes and procedures. The act of submitting your application means that you agree to follow them. When you submit the application, you are saying that you have read, understand, and agree to follow them.

These policies contain important information about how certification works and your rights and responsibilities as a candidate. It is your responsibility to read them. We want to be sure you understand them.

Please read the next three sections (Requirements, Code of Conduct, and Terms of Certification) and call us if you have any questions.

REQUIREMENTS

Individuals applying for EMT certification must meet the following requirements:

1. Be 18 years of age or older
2. Successful completion of a state-approved EMT course that meets or exceeds the National Emergency Medical Services Education Standards for the EMT
 - Candidates must have completed the course within the past two years and the course Program Director must verify successful course completion on the NREMT website
3. Have a current CPR-BLS for "Healthcare Provider" or equivalent credential
4. Successful completion of the NREMT cognitive (knowledge) exam and a state approved psychomotor (skills) exam
5. Passed portions of the cognitive and psychomotor exam remain valid for 12 months, provided all other eligibility requirements are met

CODE OF CONDUCT

For you to gain NREMT certification or recertification, the NREMT Code of Conduct requires that you:

- Comply with all policies and rules of the NREMT
- Provide full, truthful, and updated information to the NREMT on any application for certification or recertification, or in any other communication to the NREMT
- Provide accurate documentation of the training requirements for certification
- Accurately represent to the public your NREMT certification status
- Adhere to the highest standards of professionalism and ethics
- At all times, be eligible for or hold a full and unrestricted license to practice as an EMS professional under the laws of the licensing or authorizing agency of the jurisdiction(s) in which you practice
- Protect the security and integrity of the NREMT certification and exam process. You will not copy, reproduce, disclose, disseminate, or remove any exam-related materials from the test site or attempt to do so

TERMS OF CERTIFICATION

The following are the official requirements for certification. Read them carefully. You are legally bound by these terms when you apply for certification, recertification, or by holding certification.

You will notify the NREMT within 30 days of any of the following:

- A change in address, email address, telephone number, state of employment, and/or licensure (through your online NREMT profile)
- Any change that might impact eligibility for certification or recertification including but not limited to:
 1. Any disciplinary action by any authorizing or licensing body that has resulted in the suspension, revocation, or any restriction placed on the individual's license or right to practice
 2. Any voluntary surrender of any healthcare certification or license while under investigation or instead of disciplinary action
 3. Any felony conviction

You will surrender and refrain from using any NREMT certificate, card, logo, emblem, and the NREMT's name and related abbreviations if your certification becomes expired, suspended, limited, revoked, or voluntarily surrendered, or as requested by the NREMT.

You authorize the NREMT and its agents to communicate all information relating to NREMT application, certification, and review thereof, including the misrepresentation of material information on an application or of NREMT certification status and/or the outcome of disciplinary proceedings, to state and federal authorities.

The following are all exclusive property of the NREMT and are protected by trademarks and copyrights. You may not use these for any purpose, other than accurately identifying as a NREMT certificant or referencing the NREMT and its exams, without express written consent:

- NREMT's exams, certificates, cards, logos, emblems, the name "National Registry of Emergency Medical Technicians," the copyrighted phrase "The NREMT is the National EMS Certification," and all related abbreviations

If you take any NREMT property or refuse immediately to relinquish, refrain from using and correct at their expense any misuse or misleading use of any of the above NREMT intellectual property when requested, the NREMT shall be entitled to obtain injunctive relief, damages, costs, and any attorney's fees incurred in obtaining any such or other relief.

PART 3: CERTIFICATION PROCESS

If you already have an account, go to [The Application](#) section.

ACCOUNT CREATION

To create an account, follow these steps:

1. Go to www.nremt.org
2. Select the red "Login/Register" button on the NREMT home page
3. Select the blue "Create an Account" button
4. Enter your social security number and then select "Submit"
5. If you receive an alert message stating your social security number is already in use with another account, you can recover information via the website or by calling 614-888-4484
6. Select the "Submit" button

Next, you will be taken through the Registration Process.

REGISTRATION

After creating your account, you will need to follow these steps to complete your profile registration:

1. Enter the following account information:
 - a. Username
 - b. Password
2. Enter your personal information:
 - a. First Name
 - b. Middle Initial
 - c. Last Name
 - Important to note: Enter your name as it appears on the forms of identification you will take with you to your exam site. How you enter your name



FAQ: The NREMT asks for middle initial only, but my middle name is on my ID/ driver's license. Is that okay?

The NREMT profile/account only allows candidates to enter one middle initial. If the initial on your account matches the first initial of your middle name on your ID/driver's license, you should not have any problems testing.

in your profile is how it will appear on all cards, certificates, or official documentation sent to you from the NREMT.

3. Enter your contact information:
 - a. Email
 - b. Phone
4. Select the following user role statuses:
 - a. Nationally Certified EMS Professional
 - b. Applying to Become Nationally Certified
5. Create three security questions and answers
6. Read and check the attestation at the bottom of the page
7. Select the "Submit" button

Next, you will be logged out of the account, and will need to log back in with your username and password. After logging back in, you will then complete your Profile Information.

PROFILE INFORMATION

After creating your account, you will need to follow these steps to complete your Profile registration:

After the registration process, you will have to log back in to your Profile page. You will need to fill out the required fields below to complete your Profile Information:

1. Personal Information:
 - a. First Name
 - b. Middle Initial
 - c. Last Name
 - d. Date of Birth
 - e. Social Security Number
2. Mailing Address:
 - a. Address
 - b. City
 - c. Country
 - d. State
 - e. Zip Code
3. Contact Information:
 - a. Select Phone Type
 - b. Personal Email
 - c. Work Email
 - d. You may choose to uncheck the boxes for the following selections if you do not wish to receive notifications
 - Subscribe to NREMT newsletters, alerts, and emails
 - Sign up for SMS/text alerts: Message and data rates may apply

The following sections are optional and do not have to be completed to save your profile. The NREMT uses the following fields for research and administrative tasks. Please enter any information you wish to share before saving your profile.

4. Professional Information:
 - a. Primary Employer Type
 - b. EMS Employment Status
 - c. Primary EMS Responsibilities
 - d. EMS Service Type
 - e. Volunteer Status
 - f. States Licensed in as EMS Provider
 - g. Initial Year of State EMS Licensure
5. Demographic Information:
 - a. Highest Level of Education Completed
 - b. Sex
 - c. Ethnicity
 - d. Race



FAQ: My name, suffix, social security number, or birthday is wrong. How do I update this?

If your name, social security number or birthdate are wrong on your account, you will need to email certification@nremt.org with legal documentation of the correct information. Legal documents that can be used to update the account are Social Security card, valid driver's license or government ID, or legal name change documents. If the name on your account does not match your ID for testing you will need to update it – this includes adding additional middle or last names, suffixes (Sr., Jr. or IV) or changes due to marital status.

FAQ: My address is incorrect. How do I change it?

If you need to update your address, you can do this by logging into your NREMT account. Click on the “gear” shaped icon in the upper right-hand corner of the webpage, then click on “Edit NREMT Profile Information.” From there you can make the needed changes to your account.

If your address does not match your ID when you go to test, that is okay. You need the information on your account to be accurate so that any communication sent from the NREMT can reach your current mailing address.

FAQ: How long does it take to process my name change request?

Name change requests are processed within 3-5 business days, provided we have all the needed documents. We process all requests by date received. During higher volume times, this timeframe could be longer.

FAQ: How long will it take for Pearson VUE to receive my name change?

Once we have updated your name in the NREMT system it can take up to one business day to update to Pearson VUE.

Once everything is completed, scroll to the bottom of the page and select “Save.” You can then go the CBT Candidate Dashboard to start your application.

THE APPLICATION

After you complete your profile, begin the EMT application.

1. From the CBT Candidate Dashboard, click on the blue button “Create Certification Application”
2. Verify your Personal Information:
 - a. Name
 - b. Address
 - c. Home Phone
 - d. Email
 - e. Select “Next”
3. Choose one of the following Credentials Delivery Methods to let us know how you want to receive your NREMT card and certificate:
 - a. I will print my own card/certificate
 - This option means you will only receive a patch and letter in the mail. You will need to print a copy of the card/certificate from your NREMT account.
 - b. I would like a printed card/certificate mailed to me
 - This option means you will have a card/certificate mailed to you and you still have the option of printing a card/certificate from your NREMT account.
 - c. Verify your selection
 - d. Select “Next”
4. Choose Application Registry Level:
 - a. Select “EMT” from the drop-down menu
 - b. Verify your selection
 - c. Select “Next”
5. Criminal Convictions and License Discipline Disclosures:
 - a. Answer Criminal Convictions and License Discipline Disclosures
 - b. Follow the prompts
 - c. Answer the questions honestly
 - d. Select “Agree & Submit”
 - If you have any concerns about the questions, review the [Criminal Convictions Policy](#). If you have questions, please email evaluation@nremt.org
6. Initial Course:
 - a. Answer the question, “Are you currently enrolled in or have completed a full initial EMT course in the past two years?”
 - b. Select “Next”
7. Course Dates:
 - a. Enter Initial Course Start Date
 - b. Enter Initial Course Completion Date
 - c. Select “Next”
8. Program State: Location of Initial EMS Education Program
 - a. Select state/location from drop down menu
 - b. Select “Next”
9. EMS Education Program:
 - a. Select EMS program
 - b. Select “Next”
10. Program Section (you may see this if your program has designated Program Sections):
 - a. Select Program Section - If you have not been given one you can select “None”
 - b. Select “Next”
11. CPR Expiration Date:
 - a. Enter CPR card expiration date
 - b. Select “Next”
12. Review Application:
 - a. Read the statement then verify the information is accurate
 - b. Select “Next”
13. Attestation:
 - a. Read the attestation carefully before verifying “I agree to abide by these terms”
 - b. Select “Next”

Once the application is submitted you can monitor its status through the CBT Candidate Dashboard.



FAQ: Where do I make my payment?

To make your payment use the following steps:

1. Log into your NREMT account
2. Select role “CBT Candidate”
3. Click on “View All Certification Applications”
4. Click on “Application Payment” link
5. Select payment type
6. Complete the needed payment information

APPLICATION REVIEW

Both the NREMT and your education program review your application. Our system checks your application to make sure it is complete. We make sure the education listed is correct. If our system finds an error or missing information, a person reviews it. We will contact you about missing information or errors through your Candidate Dashboard.

DEADLINES

Here are the important deadlines you should be aware of:

Initial Course

Initial courses are valid for two years from the month and year of course completion.

- A course completed in 01/2018 would be valid until 01/31/2020

Note: Taking remedial education for a 4th cognitive exam attempt does not extend your course completion date



FAQ: Will my ATT be emailed to me?

You will not receive the ATT in an email. See the sections in this handbook for [Authorization to Test \(ATT\)](#) and [How to Check on your Application and Exam Results](#).

ATT

Authorizations to Test (ATT) are valid for 90 days.

- An ATT is only issued once an application is marked complete, which includes NREMT reviews, program reviews, and payment completion
- An ATT purchased within 90 days of the course expiration date will expire on the date of course expiration

Note: Some states require skills verification before ATT's are issued

Cognitive Exam Results

Cognitive exam results are valid for one year from the month, day, and year of successful completion.

- Exam completed on 01/25/2018 is valid until 01/25/2019

Psychomotor Exam Results

EMT psychomotor exam results are valid for one year from the month and year of successful completion.

- Exam completed on 01/25/2018 is valid until 01/31/2019

APPLICATION FEES

The EMT application fee is \$80.

- The fee is charged for each attempt of the cognitive exam
- The application fee can be refunded within the NREMT Refund Policy criteria

We offer refunds within 90 days of payment, minus an administrative fee, for the following reasons:

- Completion of incorrect application
- Candidate no longer wishes to seek NREMT certification
- Certified EMS Provider decided not to recertify by exam

You can read the policies and procedures related to payment and refund policy at:

www.nremt.org/rwd/public/document/policy-payment



FAQ: Can I print a receipt for my application fee?

Yes, you can print a receipt for the application fee. You can use the steps below to do so.

1. Log in to your NREMT account at www.nremt.org. Select role, "CBT Candidate"
2. Click on "My Applications"
3. Click on "Application Status/ATT's"
4. Click on the smaller box that says "Print Payment Receipt"

HOW TO CHECK ON YOUR APPLICATION AND EXAM RESULTS

To get information about your application and its status, check your account. All updates to your account appear on the CBT Candidate Dashboard. We do not tell you or email you about your application or exam results. Instead, we post the information to your account, which you can access at any time. Check your account for updates related to:

- Application payments
- Application status
- Authorization to Test (ATT)
- Eligibility status (if applicable)
- Cognitive exam results



FAQ: What are the application statuses and what do they indicate?

Below are various application statuses you will see on your online NREMT account.

NREMT Application Review

Pending	Application has been submitted to NREMT but not reviewed
Incomplete Application	Application has been submitted and reviewed and is missing information
Application Submitted	Application has been submitted and reviewed
Application Being Processed	Application has been submitted and is on hold after review
Unsubmitted	Application has been saved but not completed and submitted

Course Completion

Verification Request Submitted	The application has been submitted to have course completion verified by your EMS program
Practical Skills Verified	Your program director has verified your course completion date

Practical Skills Verification

Verification Request Submitted	The application has been submitted to have your BLS psychomotor exam verified by your program or state office
Practical Skills Verified	Your program director or state office has verified your BLS psychomotor skills

Application Payment

Not Submitted	No payment has been submitted to application
Paid in Full	Application has been paid in full

Application Complete

Ready to Test	Means your Authorization to Test (ATT) has been issued and you need to schedule your exam. You will still need to view your application status and print/view the ATT. The Ready to Test status will appear on an application with an expired ATT, and you will need to check the ATT deadline to see if you need to submit another application and fee to test.
---------------	--

GAINING CERTIFICATION

Once you have earned your certification, you can get your card and wall certificate. If you chose the “mail” option when you created your application, we will mail you a packet when your account updates with full certification. We use first class mail with the United States Postal Service, and packets can take up to 30 days for delivery. The packet will have a letter with a copy of your NREMT card attached, a wall certificate, and an EMT patch. If you chose the print option when you created your application, you can print the card and certificate, and we will mail a patch to you.

If you do not receive your packet after 30 days, email our Exams Department at exams@nremt.org. You will need to verify your current address, registry number, and first and last name.

You also have the option of printing your card and certificate from your account in the My Certification page. Here is how to print your card/certificate:

1. Login to your account
2. Select “My Certification” from the drop-down menu
3. On the left-hand side, select “View Transaction History”
4. Click the blue “Print Card” button or the blue “Print Certificate” button

RECERTIFICATION

You need to recertify every two years. To recertify, you can submit continuing education hours or take a recertification exam. To learn about the policies and procedures for recertification, go to this website:

 <https://www.nremt.org/rwd/public/document/emt-recert>

PART 4:

COGNITIVE EXAM

EXAM FORMAT

You will take the cognitive exam on a computer at an authorized Pearson VUE testing center. The cognitive exam consists only of multiple-choice items. The exam items are written by members of the EMS community, including educators, providers and medical directors. Each exam has questions that count toward your score and questions that do not. Your exam will have between 60–110 questions that count toward your final score. It will have 10 questions that do not affect your score.

The unscored questions are for testing new concepts to make sure that future questions are fair and appropriate. This is a standard part of making exams. You will not be able to tell which questions count toward your final score and which do not, so answer each one as if it counts.

The exam is a computerized adaptive test (CAT). This means the number and difficulty of test items will vary for each exam session, but the passing standard remains the same

for all candidates. The decision regarding passing or failing the exam is based on the following question: “Has the candidate reached the level of entry-level competency (passed) or has the candidate not yet reached entry-level competency (failed)?”

A CAT exam is different from a traditional exam. The more questions you get right, the harder the CAT gets. The goal is to find out if you have enough knowledge compared to the passing standard. If the exam asks the nine hardest questions about, for example, adult airways, and you get them right, then it will not need to ask the easier questions. Instead, it can move on to other categories. All you need to do is demonstrate entry-level competency, which may take nine questions or may take 24. As long as you demonstrate competency, you will pass. CAT testing is faster and more accurate than a traditional exam.

The EMT cognitive exam covers the following areas:

Content Area	Percent of Exam	Adult / Pediatric Mix
Airway, Respiration & Ventilation	18%-22%	85% Adult; 15% Pediatric
Cardiology & Resuscitation	20%-24%	85% Adult; 15% Pediatric
Trauma	14%-18%	85% Adult; 15% Pediatric
Medical; Obstetrics & Gynecology	27%-31%	85% Adult; 15% Pediatric
EMS Operations	10%-14%	N/A

You can find more information on the format of the exam at:

www.nremt.org/rwd/public/document/cognitive-exam

Sample Items

Each item consists of a prompt or question and presents four responses. Only one response is the correct answer. Below are several sample items to help you prepare for the types of items that are on the exam. The correct response is bolded.

1. A 13-year-old male presents with left arm pain after a fall. You observe swelling and a deformity to left lower arm. You are unable to palpate a pulse distal to the injury. You should first

A. place him arm in a sling and swathe.

B. splint his arm in the anatomical position.

C. splint his arm in the position found.

D. place him on a long backboard.

2. A 48-year-old male presents with a laceration to his abdomen. You observe bowel protruding from the wound. You should first

A. apply a moist, sterile dressing.

B. place the bowel back into his abdomen.

C. apply a dry, sterile dressing.

D. place the exposed bowel on ice.

3. A 59-year-old female is unresponsive, pulseless, and apneic. You should first

A. begin chest compressions.

B. ventilate her with a BVM.

C. retrieve the AED.

D. perform abdominal thrusts.

Preparation

The following suggestions may help you prepare for the cognitive exam:

- Study your textbook and education materials
- Review the current American Heart Association's Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care
- Review the [National EMS Education Standards and Instructional Guidelines](#)

More information that will help you prepare for the exam can be found on:

<https://www.nremt.org/rwd/public/document/cognitive-exam>

The NREMT does not recommend any particular exam preparation materials. If you have any additional questions after reviewing the previous information, ask someone in your education program for more information.



FAQ: Do I have to take my cognitive exam prior to my psychomotor exam?

The NREMT does not have a set order for the exams. However, you need to check with your program director or state office for local requirements.

AUTHORIZATION TO TEST [ATT]

To get an Authorization to Test (ATT), you need to have completed an application and paid the application fees. Your program director must verify your eligibility. When those steps are complete, our system will give you an ATT, usually within 1-2 business days, but the process may take longer during high volume times. The ATT will post to your account. We do not send emails about or tell you that you have an ATT.



FAQ: What do I do with my ATT and what information do I need off it?

You will need to print/view your ATT since it contains key information to creating your Pearson VUE account and scheduling your exam. You need to view the NREMT Candidate ID; it starts with the letters NR. You will also need to know your Deadline to Test; this tells you how long your ATT is valid. The ATT contains information on how to contact Pearson VUE to schedule your exam and what forms of ID are acceptable.

You can find and print your ATT from the "Application Status" page using these steps:

1. Log into your NREMT account
2. Select "CBT Candidate"
3. Select "My Applications" on the left-hand side
4. Select "Application Status/ATTs"
5. Select the box "Current Applications"
6. Select the box labeled "Print/View Authorization to Test Letter" on the application
7. Follow the prompts to print or view the ATT

The ATT tells you how to schedule your exam and gives you important information about testing requirements at Pearson VUE centers.

The ATT is only valid for 90 days from the day it posts to your account. We do not offer extensions for expired ATTs.

If your ATT expires, you must apply again and pay the fee again in order to get a new ATT.

You can find the ATT expiration date and refund policy at:

<https://content.nremt.org/static/documents/policy-ATT-refund.pdf>

SCHEDULING

Print the ATT. Follow the instructions on the ATT to schedule your exam at:

www.pearsonvue.com/nremt

We post all information about your application to your NREMT account. Pearson VUE is an independent testing vendor and has its own way of contacting you. They will send you an email about your exam. The email will confirm the day and time of your exam, the testing location, and the testing rules.

If you do not receive an email confirming your exam appointment, your exam has not been successfully scheduled.

If the email has an error and you do not contact Pearson VUE to correct it, you will not be allowed to take the exam.

Rescheduling/Cancellation

If you need to reschedule or cancel your exam, contact Pearson VUE one business day (24 hours) prior to your exam appointment. Call 866-673-6896 (M-F 7:00 am to 7:00 pm CST) or log into your Pearson VUE account to make changes to your appointment.

The fee to reschedule or cancel your exam is \$25. If you reschedule or cancel by telephone, Pearson VUE will charge an additional \$10 call center fee.

Important Note: If you fail to appear for your scheduled exam appointment, fail to cancel or reschedule within the required time, or are refused admission, you will forfeit your exam fee. You will have to complete a new application and submit the associated application fee to receive a

new ATT. The NREMT does not issue refunds for failure to appear for your scheduled exam appointment.

No-Show Policy

If you fail to notify Pearson VUE at least one business day (24 hours) before your scheduled exam, your account will be marked with a “no show” and you will forfeit your exam fee.

You can appeal the “no show” status if extenuating circumstances are involved. You will need to provide documentation of the circumstances if you want to try to reschedule the missed exam at no additional cost.

If you are denied a “no show” appeal, you will need to reapply. Use an Express Application and pay the application fee to receive a new ATT.

To learn more about “no show” policies and procedures, go to:

<https://www.nremt.org/rwd/public/document/policy-cognitive-exam>

CONTACTING NREMT VS PEARSON VUE

If you have questions about your eligibility for NREMT certification, the application, your ATT, the exam format, exam results, retesting, NREMT appeals and disciplinary processes, and maintenance of certification, please contact the NREMT at 614-888-4484.

If you have questions concerning Pearson VUE test site rules and regulations, acceptable forms of identification, your Pearson VUE username and password, scheduling a cognitive exam appointment at a Pearson VUE Test Center, directions to the Pearson VUE Test Center, and/or your exam appointment, please contact Pearson VUE at 866-673-6896. Please note: Pearson VUE charges a fee for scheduling or canceling an appointment over the phone.



FAQ: What do I do if I do not have a valid ID?

You will need to obtain a valid ID before scheduling your exam.

TAKING THE EXAM

Pearson VUE Protocols and Rules

Arrive at the test center at least 30 minutes before your scheduled testing time. You must bring two forms of acceptable identification with you on the day of your exam. Your ATT contains vital information about what documents to bring to the Pearson VUE Test Center. Review the information contained in your ATT carefully before arriving for your confirmed exam appointment.

You are not allowed to bring personal items, including but not limited to, mobile electronic devices, watches, wallets, purses, firearms or other weapons, hats (and other non-religious head coverings), bags, jackets, notes, pens or pencils into the testing room. There are no exceptions to this policy.

The test center will provide a small locker space to secure personal belongings. All electronic devices must be turned off before storing them in a locker. You are encouraged to leave as many of these as possible at home. Pearson VUE and the NREMT are not responsible for lost, stolen, or misplaced personal items at any test center. If you refuse to store your personal items, you will not be permitted to test, and you will forfeit your testing fee.

Before you enter the testing area, the Pearson VUE Test Administrator is required to verify that you are not bringing any unauthorized materials or devices into the room. You may be asked to pull your hair back, pat yourself down, or roll up your sleeves during this process.

You will have 2 hours to complete the EMT exam.

Starting the Exam

The test center administrator will bring you to the computer you will use to take your exam. You will have a tutorial on how to take a computer based test. This tutorial is untimed.

Next, you will have to read and acknowledge a non-disclosure agreement about the exam. The non-disclosure agreement has a **maximum time limit of five minutes**, and if you do not complete the non-disclosure agreement in this time window, you will not be allowed to begin the exam. After the tutorial and non-disclosure agreement, you will then begin your exam.

Exam Security

We take exam security seriously. We put security policies and procedures in place to protect exam content and testing

session data. These policies help make sure that the exam is given in the same way in every testing center, without inappropriate aid. They also make sure that the person who was given the ATT is the same one taking the exam. As a result, you may be required to:

- Show identification as described in your ATT
- Have your identity verified by a digital security device (infrared palm reader)
- Provide a legal signature
- Have your picture taken
- Store all belongings prior to entry into the exam room
- Be recorded (by audio and/or video) during the exam

All NREMT cognitive exam materials are copyrighted. You may not copy or record any material from the exam in any way. You are prohibited from the following:

- Disclosing or discussing any information about the exam with anyone, including instructors
- Posting or discussing questions on any internet or social media websites
- Reconstructing exam content using your memory or the memory of others
- Seeking help from anyone in answering exam questions
- Removing exam materials or recorded information from the testing center

If you witness any of the above behavior, or any irregular behavior that may be in violation of the NREMT Candidate Policies, report it to the NREMT immediately by calling 614-888-4484. The NREMT reserves the right to terminate a certification, invalidate the results of an exam, and/or to take any other appropriate action against any candidate who violates copyright or performs any of the above behaviors.

EXAM RESULTS

Scoring and Accessing of Exam Results

Pearson VUE sends your cognitive exam to us. We score the exam electronically. The Pearson VUE staff does not have access to your results and cannot give you results.

Our system posts your exam results to your NREMT account, generally within two business days after you complete your exam, provided all other requirements are met. Your results are only available to you on your NREMT account. If your results have not posted after five business days, please contact the NREMT.

To find your exam results, please follow the steps below:

1. Log into your NREMT account
2. Click on “View All Certification Applications”
3. Click on “Results”
4. Click on “Print Exam Results”

Report of Candidate’s Results

If you pass the cognitive exam, we do not send you specific details about your exam results.

If you do not pass the cognitive exam, we will post more information about your results to your account. You can use the information to think about your strengths and weaknesses. The information may also help you decide what to study before you take the exam again.

We give you information about each content area. We will describe your results for a content area in one of three ways:

Above Passing – You can be relatively confident that you have sufficient knowledge in that content area. However, you should still review the material in that content area.

Near Passing – Your performance was slightly above or below the standard. Near passing does not indicate a pass or fail outcome; rather it can be interpreted as an area to study.

Below Passing – You need to study the content area.

Our system scores the exam as a whole. If you fail, however, the system splits the exam into content areas, so that you can see which were your strongest areas and which were your weakest. This should help you study. You cannot add up your “near passing” and “passing” content areas to get a “passing” score because that is not how we score the exam. We score based on the overall results, not by how many content areas you passed.

“Near Passing” does not mean that you passed in the content area. Also, you should still study any area with an “Above Passing” to maintain your knowledge.

RETESTING

If you did not pass the exam, you may apply to retest 15 days after the last exam.

You have six chances to pass the NREMT cognitive exam. If you fail three times, we require you to complete remedial education. In order to take the remaining attempts, you will have to send us documentation of your remedial education. Once we receive the documentation and your new application, we will clear you to take the exam again. The remedial education allows you to take the exam three more times. To receive a new attempt, you must submit a new application, pay a new fee, and get a new ATT each time.

State requirements for remedial training vary. You will need 20 hours for states using NCCP or 24 hours for states using traditional. Check with your state to make sure there are no other state specific requirements for remedial education.



FAQ: What education can I use for remedial training?

The remedial training requirement can be satisfied through three different options:

1. NCCP 20 hours of continuing education: Completion of the EMT 20-hour National Competency Component from the NCCP model
2. Traditional Refresher Course: Completion of a State or CAPCE (F1, F2, F5) approved 24-hour EMT refresher course
3. Continuing education: The 20 or 24-hour requirements can be met with any state approved education program, including but not limited to community colleges, vocational schools, local EMS agencies, or online education providers. You can complete online education if it is CAPCE or state approved.

Note: Some states require the traditional refresher course and will not accept continuing education hours. Contact your State EMS Office if you have questions about the required training.

EXAM REVIEW

We score exams electronically. If you think your exam results are not accurate, you can ask us to review your exam manually. You must make the request in writing and within 30 days of the results posting to your account. You must send the review fee with the request. You may pay by check or money order.

We offer two different manual reviews: a CBT Exam Scoring Confirmation Report and an Item-by-Item Review. The first costs \$75 and the second costs \$150. The [Exam Review Policy](#) describes each type of review.

In the unlikely event that an error is discovered during the manual review, we will refund the review fee.

If you want us to review your exam manually, submit the following:

1. Written statement requesting either the CBT Exam Scoring Confirmation Report or Item-by-Item Review. The statement must include your first name, last name, address, email, phone number, and national registry number or application ID number
2. Check or money order for the review fee, which covers the processing and handling of the review. Mail the statement and fee to: NREMT, P.O. Box 29233, Columbus, OH 43229

Once we have processed the payment, we will review your exam within 30 days.

PART 5: CERTIFICATION POLICIES

The policies in this section are frequently asked about or represent critical information for some candidates. Not all of these policies may apply to you.

ACCOMMODATIONS

The NREMT administers its certification exams in a manner that does not discriminate against an otherwise qualified applicant. The NREMT offers reasonable and appropriate accommodations for the cognitive and psychomotor exams for those persons with documented disabilities, as required by the Americans with Disabilities Act (ADA).

The NREMT urges candidates requesting any accommodation to **submit such requests as early as possible** to provide adequate time to resolve any documentation issues that may arise. At a minimum, all requests for accommodations must be received by the NREMT no less than 30 days before the scheduled test date.

The NREMT urges candidates not to pay for an exam until the accommodations review process has been completed.

The NREMT will review each request on an individual basis and make decisions relative to appropriate accommodations based on the following general guidelines:

1. To be considered for an accommodation under the ADA, an individual must present adequate documentation demonstrating that his or her condition substantially limits one or more major life activities
2. Only individuals with disabilities who, with or without reasonable accommodations, meet the eligibility requirements for certification at the level of the requested exam are eligible for accommodations
3. Requested accommodations must be reasonable and appropriate for the documented disability and must not

fundamentally alter the exam's ability to assess the essential functions of out-of-hospital care, which the test is designed to measure

4. Professionals conducting assessments, rendering diagnoses of specific disabilities, and/or making recommendations for appropriate accommodations must be qualified to do so
5. The NREMT realizes that each candidate's circumstances are unique and uses a case-by-case approach to review the documentation submitted
6. All documentation submitted in support of a requested accommodation will be kept in confidence and will be disclosed to NREMT staff and consultants only to the extent necessary to evaluate the accommodation. No information concerning an accommodation request will be released to third parties without written permission from the candidate

The accommodations policy and procedures to submit an accommodations request can be accessed at:

 www.nremt.org/rwd/public/document/policy-accommodations

APPEALS

When the NREMT makes an unfavorable ruling regarding an individual's application for certification or recertification, request for an accommodation in the administration of an exam, cancellation or revocation of exam results or any disciplinary action, including, but not limited to, the revocation or suspension of certification (collectively "Adverse Decision"), the Executive Director shall send to that individual, by certified mail, return receipt requested, a statement setting forth:

- The action taken
- The reason(s) for the action and, if applicable, a statement of facts constituting the alleged violation of

any of the NREMT's rules or standards or the reasons for ineligibility

- The time period in which the individual may appeal and provide any additional information

An applicant or registrant who is subject to an Adverse Decision of the Executive Director, excluding decisions with respect to the timeliness of applications or the scoring or reporting of the exams, may appeal such decision by mailing a notice of appeal to the office of the NREMT within 45 days of the date that such decision was mailed (based on postmark). The request for appeal must contain the individual's statement of the basis of his or her appeal, as well as any documents in support of the appeal. Materials not included in the request shall not be considered on appeal unless expressly requested in writing by the NREMT.

The entire appeals policy and procedures that are followed are located on this page:

www.nremt.org/rwd/public/document/policy-eligibility

CANDIDATE RETESTING AT REQUEST OF NREMT

The NREMT may require an applicant to retake a certification exam if presented with sufficient evidence that the security or integrity of the exam has been compromised, notwithstanding the absence of any evidence of an applicant's personal involvement in the security compromise.

COMPLAINTS

The NREMT responds to all complaints, inquiries, and concerns brought to our attention in a constructive and timely manner. Complaints can be submitted by email to complaints@nremt.org. The NREMT will confirm receipt by email and provide status updates. Most notifications and initial responses are sent within five business days.

A candidate who wishes to submit a complaint to the NREMT must submit notice of complaint to the office of the NREMT within 30 days of the action(s) resulting in complaint. The notice of complaint must contain the individual's personal statement and any supporting documentation. The NREMT will treat any person who invokes this complaint procedure courteously. The NREMT will handle all complaints swiftly and confidentially to the extent possible, considering the need to take appropriate corrective action. Most complaints are investigated and resolved within 30 days, and updates will be provided if

delays are encountered. Documentation and information submitted as part of a complaint will be subject to the NREMT Privacy Policy.

CRIMINAL CONVICTIONS

The NREMT has adopted a Criminal Conviction Policy to safeguard the public from individuals who, in practice as an EMS professional, might pose a danger to the public.

EMS professionals, under the authority of their state licensure, have unsupervised, intimate, physical and emotional contact with patients at a time of maximum physical and emotional vulnerability, as well as unsupervised access to a patient's personal property. These patients may be unable to defend or protect themselves, voice objections to particular actions, or provide accurate accounts of events at a later time. EMS professionals, therefore, are placed in a position of the highest public trust.

The public in need of out-of-hospital medical services relies on state licensure and NREMT certification to assure that those EMS professionals who respond to their calls for aid qualify for this extraordinary trust. For these reasons, the NREMT has adopted a Criminal Conviction Policy to ensure that individuals, who have been convicted of certain crimes, are identified and appropriately evaluated as to whether they would pose a risk to public safety as an EMS provider.

The entire criminal convictions policy is located on this page:

www.nremt.org/rwd/public/document/policy-criminal

Any applicant or registrant subject to an adverse decision by the NREMT under this Policy may appeal that decision as outlined in the NREMT Certification Eligibility, Discipline and Appeals Policy.

DENIAL OR REVOCATION OF CERTIFICATION

The NREMT may, at its own discretion, deny an individual's eligibility for initial certification or recertification, deny, suspend or revoke an individual's certification or take any other appropriate disciplinary action against an individual's application, certification and/or recertification or deny authorization to use the NREMT's website for any purpose, including submitting applicant training information in the case of:

1. Ineligibility for NREMT certification
2. Failure to comply with any policy or rule of the NREMT, including, but not limited to, NREMT's website Terms of Use Policy
3. Irregular behavior regarding any NREMT exam
4. Misrepresenting, withholding, or the failure to update any information on any application for certification or recertification or in any other communication with the NREMT
5. The intentional misrepresentation by a trainer of any applicant's successful completion of education requirements for certification
6. Misrepresentation of the individual's status as a registrant of the NREMT
7. The conviction of, plea of guilty or plea of nolo contendere (no contest) to, a felony or any criminal offense which is related to public health or emergency medical service in accordance with the NREMT's Criminal Conviction Policy
8. Any disciplinary action is taken by a licensing or authorizing agency relating to practice, or the ability to practice safely and effectively, as an EMS professional or the voluntary surrender of a licensee as a punishment for or in place of any disciplinary action. The NREMT can suspend an individual's certification, prior to any right of appeal, should a licensing or authorizing agency find the individual poses an imminent threat to the public or cannot practice safely and effectively
9. Copying, reproducing, disclosing, disseminating or removing of exam related materials from the test site; attempting to copy, reproduce, disclose, disseminate or remove of exam related materials; or asking someone to copy, reproduce, disclose, disseminate or remove of exam related materials

IMPARTIALITY

The NREMT ensures that personnel, vendors, and all involved in our certification activities understand the importance of impartiality and potential conflicts of interest. To reassure the NREMT continues to act impartial, we conduct ongoing assessments to identify and address any risk that may result in a conflict of interest or imply a potential threat to impartiality. Policies and procedures are

implemented for individuals involved in our certification activities to sustain a consistent and fair process. The NREMT prides itself on being fair and objective when dealing with candidates and applicants pursuing the NREMT certification.

NONDISCRIMINATION AND FAIRNESS

The NREMT is committed to providing an equal opportunity for all applicants, certificants, staff, volunteers and vendors. The NREMT does not discriminate on the basis of race, color, religion (creed), gender, gender expression, national origin, disability, marital status, sexual orientation or military status in any of its certification activities or operations. These activities include, but are not limited to, initial applicants and recertification certificants, internal staffing practices, and selection of volunteers and vendors.

PRIVACY

The NREMT's privacy policy is applicable to personal information that we may receive related to certification, licensure and research. We will handle and treat all personal information collected and received by us in connection with application, exam administration, and certification in the manner outlined in our privacy policy.

The privacy policy covers personal information collected, aggregation of non-person-specified data, mailings and contact, transfer of information to licensing agencies, transfer of information to educational institutions, other transfer of information, public information, independent testing centers, information access and corrections, research data, protections of personal information, resolution of concerns, information from children, information received from internet service providers through the NREMT website, cookies, transmission of information, links to other websites, and changes to the privacy policy.

The entire privacy policy can be accessed at:
<https://www.nremt.org/rwd/public/document/policy-privacy>

