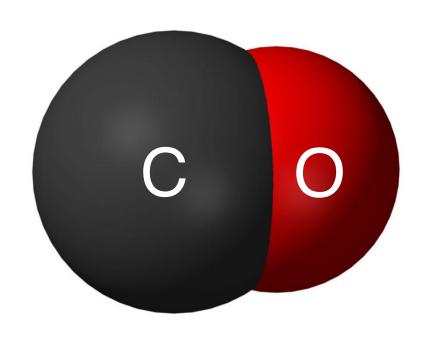
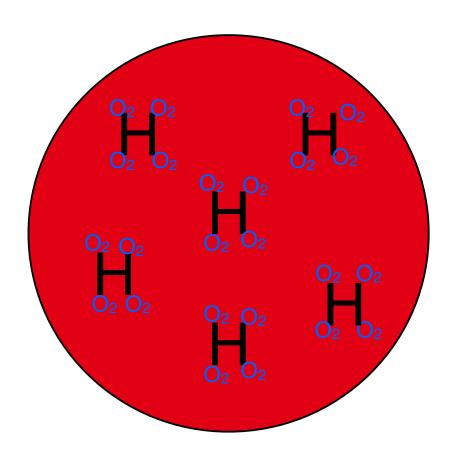
Toxicologic Emergencies

CO poisoning

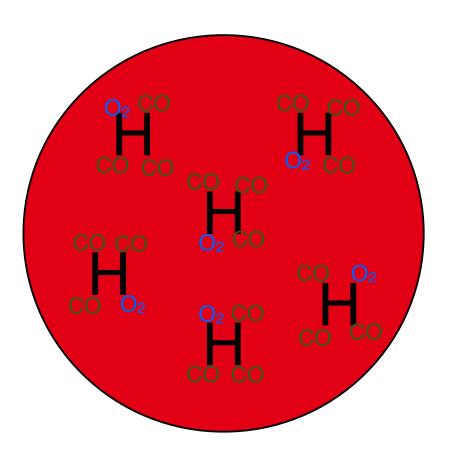




- CO binds to hemoglobin with about a 250x greater affinity
- Results in less oxygen carried by RBC
 - functional anemia
- Tissue hypoxia develops
- CNS, heart especially affected



CO CO



S/S: CO Poisoning

- Headache, chest pain
- Tachypnea, tachycardia
- N/V, flu-like symptoms
- Impaired judgment, memory disturbance, AMS
- High SpO₂

CO Monitoring

Masimo Rad-57

Measures SpO₂,
SpCO, HR, and other parameters



Treatment: CO Poisoning

- Scene safety!
- ABCs
- Oxygen 15 lpm via NRM
 - PPV if needed
 - SpO₂ not reliable
- Consider transport to hyperbaric chamber

Food poisoning

E. coli poisoning,
to be specific





- Food poisoning = illness via contaminated water or food
- Poisoning affects the intestinal mucosa, resulting in diarrhea
- Elderly, young particularly at risk

S/S: Food Poisoning

- N/V, bloating, cramping, abdominal pain
- Diarrhea
- S/S of dehydration
- Fever, blood or mucus in stool is bad

Treatment: Food Poisoning

- Consider need for ALS
- ABCs
- Oxygen via appropriate delivery device
- Treat for shock if severe dehydration present

- Ethylene Glycol
- Found in antifreeze, coolants, windshield deicers, and detergents



- Neurological effects
- Cardiopulmonary effects
- Renal effects

S/S: Ethylene Glycol Poisoning

- First stage: S/S of alcohol intoxication
- Second Stage: heart failure, pulmonary edema, tachypnea
- Third Stage: oliguria, anuria, hematuria, flank pain

Treatment: EG Poisoning

- Consider need for ALS
- ABC's
- Oxygen via appropriate delivery device

- Opiate toxicity
- Heroin, methadone, opiate analgesics



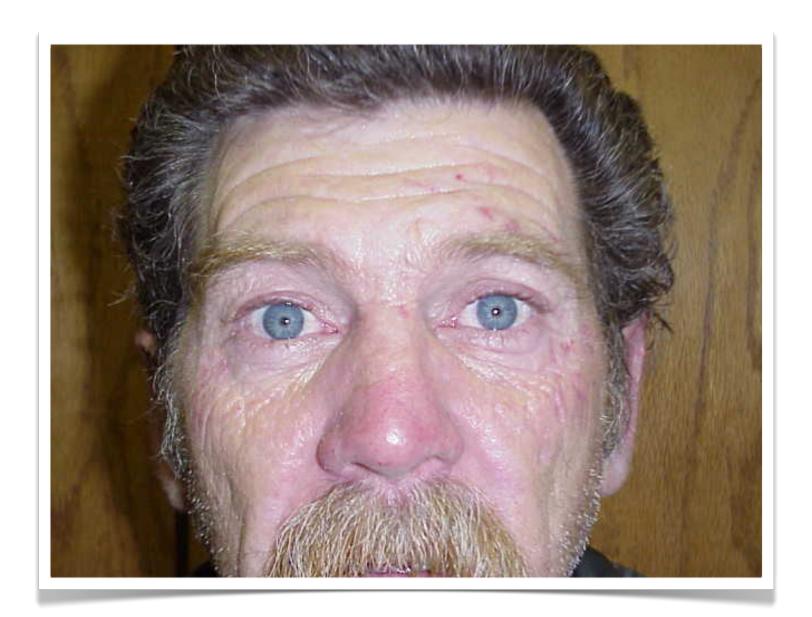


- Opiates are a CNS depressant
- Respiratory depression, bradycardia

S/S: Opiate Toxicity

- Bradycardia, respiratory depression
- Hypotension
- Hypoxia
- Miosis





Treatment: Opiate Toxicity

- ALS
- ABC's
- Oxygen via appropriate delivery device
 - BVM, suctioning may be necessary

Cyanide toxicity

Occurs rather frequently with smoke inhalation

Potential as MWD

Widespread industrial use

- Interferes with oxygen utilization at the cellular level
- Tissues with highest O₂ demand affected the most
 - Brain, heart

S/S: Cyanide Poisoning

- S/S of hypoxia
- Confusion, agitation, AMS, seizures, coma
- Dyspnea, pulmonary edema, cardiac dysrhythmia
- Tachycardia, bradycardia
- Hypertension, hypotension

Treatment: Cyanide Poisoning

- Scene safety! Remove from environment
- Decontamination
- ABC's
- ALS

- Cocaine toxicity
- Other sympathomimetics, too
 - caffeine, ephedrine, methamphetamine, amphetamines



- Patients can become dangerous
- Hypertension
- AMI risk with cocaine use
 - Increased HR = increased myocardial oxygen demand
 - Coronary artery vasospasm

S/S: Stimulant Toxicity

Increased alertness, agitation, paranoia, excitation, violent behavior

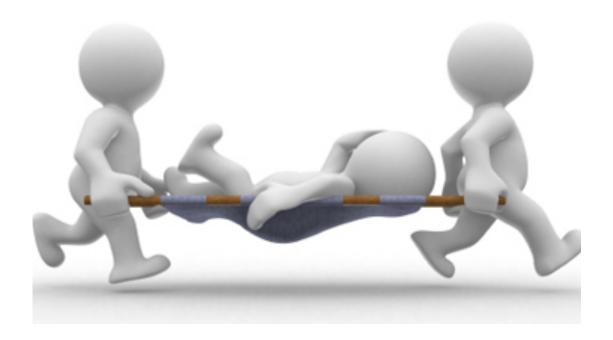
- Tachycardia, hypertension
- Chest pain, AMI, cardiac arrest
- Signs of chronic drug use



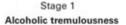
Treatment: Stimulant Toxicity

- Scene safety
- ALS
- ABCs

ETOH withdrawal



- Tolerance
- Physical dependence
- Withdrawal
- Delirium tremens



Difficulty concentrating

Restlessness

Irritability

Insomnia

Sweating

Nausea

Tremors

Stage 2 Alcoholic hallucinosis

Visual, auditory, and/or tactile hallucinations



Stage 4 **Delirium tremens**

Confusion

Inattentativeness

Disorientation

Fever

Nausea, vomiting

Incoherence

Hyperirritability

Relentless insomnia

These are characterized by muscle rigidity and relaxation that usually alternate rhythmically in rapid succession and in groups of 2–6.



Adoption from Martin A. Alpert, M.D., "Modern Management of DeliriumTremens," Hospital Medicine, May 1990

Treatment: Stimulant Toxicity

- Scene safety
- ALS
- ABCs